



Health Professionals
Network for Tigray
Since 2021

A bold vision for a bright future.

2023 ANNUAL REPORT
IMPACT REPORT





2023

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NETWORK FOR TIGRAY

Cover: Tigray, Ethiopia
Two cheerful siblings in a warm
embrace, sharing a moment of
joy near their home.

TIGRAY

Esiey Leul for HPN4Tigray

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About Us

Health Professionals Network for Tigray (HPN4Tigray) was established in response to the humanitarian crisis caused by the war waged on the Tigray region of Ethiopia from 2020-2022.

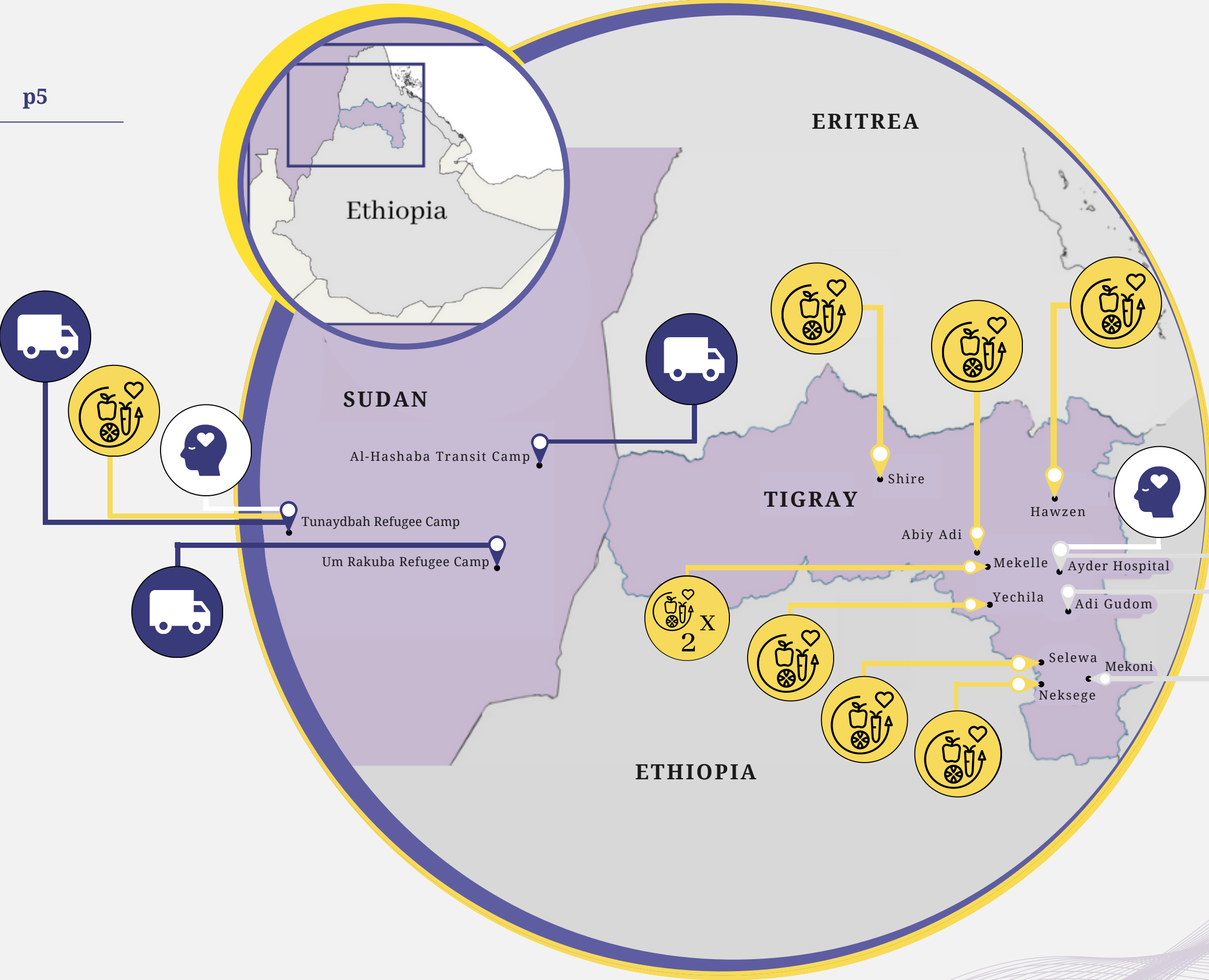
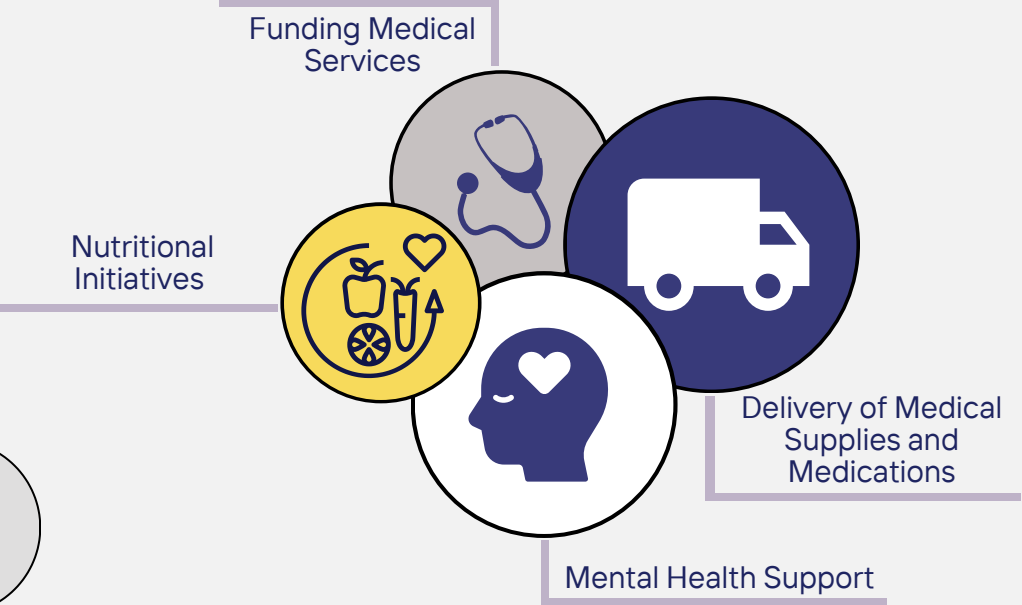
HPN4Tigray is a non-profit, non-religious, and non-partisan organization composed primarily of volunteers from both medical and non-medical backgrounds. Our members are committed to improving access to healthcare and addressing the unmet humanitarian needs of those in Tigray, Ethiopia, and beyond.





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Key



Impact at a Glance

Our Programs & Initiatives
in Tigray and Sudan

Impact at a Glance

DELIVERY OF MEDICATIONS
& MEDICAL SUPPLIES



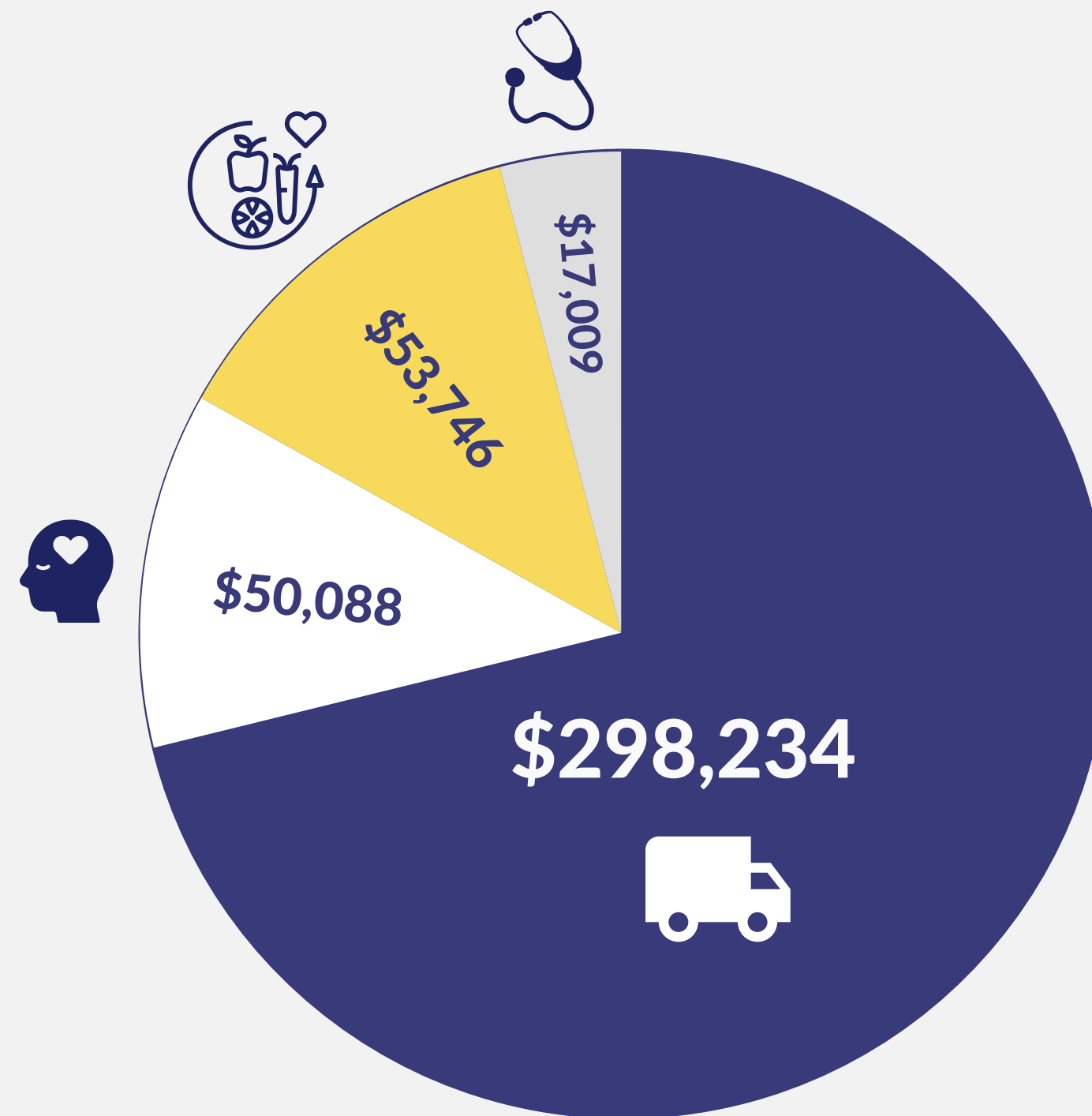
MENTAL HEALTH &
COMMUNITY WELLNESS



NUTRITIONAL
INITIATIVES



FUNDING MEDICAL
SERVICES



\$419,077

Total Amount Spent On
Programs & Services

Message from Our Founder and CEO

Dear HPN4Tigray Community and Supporters,

As we celebrate HPN4Tigray's third anniversary, I am deeply grateful for your unwavering support and commitment. Our 2023 Annual Impact Report showcases the significant strides we have made together in improving lives in Tigray.

This year, we reached a significant milestone by finalizing our nonprofit registration in Sudan. This crucial development enabled us to deliver essential medications and help meet the mental and nutritional health needs of over 70,000 Tigrayan refugees in Sudan, caught in a new conflict since the war erupted in April 2023.

Despite the peace agreement signed over a year ago, the people of Tigray continue to face critical challenges, including drought and reports of looming famine, inadequate healthcare, mass displacement, and ongoing human rights abuses. Alongside addressing urgent humanitarian needs through our programs, we have raised awareness of survivors' and healthcare workers' plight, advocating for unfettered humanitarian access, justice, accountability, and an end to the humanitarian crisis on international platforms.

Upholding one of our core values of accountability, we remain steadfast in our commitment to financial transparency. This year's financial report shows a transition from prior surpluses to a deficit due to reduced contributions. Thankfully, we were able to utilize previous reserves, which remained unspent owing to the blockade on Tigray that lasted nearly two years. This strategic resource allocation underscores our dedication to maintaining essential services, reflecting our dedication both to immediate relief efforts and maintaining long-term financial stability, particularly in the face of unforeseen challenges.

Your support has been essential in overcoming these challenges and sustaining our impactful efforts. As we celebrate this three-year milestone, the resilience of our community motivates us, and we remain committed to our humanitarian mission in Tigray. Thank you for being an integral part of the HPN4Tigray community.

Together, we have the power to create enduring change and pave the way for a brighter future for the people of Tigray.



Rishan Desta, MD

Founder & Chief Executive
Officer

HPN4Tigray



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MEET OUR LEADERSHIP TEAM



Rishan Desta, MD
Founder and CEO



Semhal Ghesse, MD MPH
Vice President



Betsir Zemen, PhD
Secretary



Frewoini Kidanemariam
Treasurer



Yonas G. Atakilti, MD
Co-Founder and International Liaison



Sela Gebremeskel
Director of Operation

Our working board comprises twenty-one board directors and a group of advisors from Tigray and worldwide, bringing diverse skills and expertise to our organization. The board, together with HPN4Tigray's executive team, leads our efforts, collaborating with program managers and volunteers to fulfill our mission.

We extend our gratitude to departing executives who brought our efforts in 2023 to fruition, including Vice President Dr. Semhal Ghesse, Director of Operations Sela Gebremeskel, Treasurer Frewoini Kidanemariam, and International Liaison Dr. Yonas Gidey, for their unwavering commitment over the last three years. We also thank our continuing and new executive team members for their contributions.

Mission and Vision

Our **mission** is to provide humanitarian aid and essential medical services to underserved communities in Tigray, Ethiopia, and beyond.

Advance access to healthcare and medical training in Tigray through partnerships, education, mentorship, and advocacy.

Pioneer collaborations among health professionals and institutions passionate about improving healthcare in Tigray.

We **envision** a world where everyone has access to healthcare, enabling them to lead healthy and fulfilling lives.



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Our 2023 Strategic Priorities



Expanding and Enhancing Programs:

We scaled our efforts to address the most critical unmet health needs of Tigrayans.



Advocating to End the Humanitarian Crisis:

We advocated globally for justice, accountability, and improved humanitarian aid response.



Enhancing Operational Excellence:

We refined our internal operations and procedures to increase the effectiveness of our programs.



Supporting Rehabilitation of the Healthcare System:

We procured resources and provided funding to rehabilitate Tigray's healthcare infrastructure.

Our Values



Overview of Our Programs

Our organization consists of programmatic teams (following pages) as well as functional teams: communications, strategy, operations, and information technology.

These teams drive and support initiatives that align with our strategic priorities and mission. The following page provides a high-level overview of our programmatic teams, with detailed insights into their 2023 impact in the subsequent pages.

Meet Our Program Managers



Hilena Haileselassie
Program Manager
HPN4Tigray



Eden Kassa
Program Manager
HPN4Tigray



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Overview of Our Programs

Women and Children's Program:

Implements life-saving nutritional interventions, supports survivors of conflict-related sexual violence, and enhances access to comprehensive healthcare for mothers and children.



Resource Mobilization and Medical Services Program:

Mobilizes medical, material, and human resources to address the most critical unmet humanitarian needs.



Mental Health and Community Wellness Program:

Expands access to timely and evidence-based mental health care and psychosocial support.



Advocacy Program:

Advocates for humanitarian access for the people of Tigray, raises awareness, and facilitates platforms to amplify the voices of health professionals on the ground.



Health Policy & Research Program:

Builds research capacity, formulates policy recommendations, and collaborates with global partners on health policy issues.



Fundraising Program:

Organizes initiatives and events to raise funds to support our ongoing programs.





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Women & Children's Program

The well-being of mothers and children, mainly their access to healthcare during pregnancy and childbirth, is a vital measure of a population's overall health.

The conflict in Tigray, coupled with the extended blockade of humanitarian aid, significant destruction of healthcare facilities, and ongoing [conflict-related sexual violence](#), has disproportionately impacted the health and well-being of women and children. Insufficient healthcare services, inadequate nutrition, and lack of clean water have led to severe maternal and neonatal health challenges. Consequently, neonatal mortality rates have quadrupled, and maternal mortality rates have increased fivefold compared to pre-conflict levels ([Associated Press](#)).

Improving the health of women and children is a primary focus for HPN4Tigray. Through the support of our partners and contributors, we have launched various programs to address their most urgent health needs.

Page 13: Tigray, Ethiopia

A radiant mother on a hospital bed cradles her newborn twins, swaddled in bright, colorful blankets – a joyful moment from the RecTOR program.

TIGRAY

© HPN4Tigray/ RecTOR-HPN4Tigray

Improving Access to Maternal & Child Healthcare Through Innovative Outreach

To combat the rising mortality and morbidity rates among mothers and children in Tigray, we partnered with Ayder Comprehensive and Specialized Hospital and the Tigray Regional Health Bureau on the Recovery Through Outreach (RecTOR) project.

This initiative aims to restore continuous Obstetrics & Gynecology and pediatric care in primary hospitals like Adi Gudom and Mekoni, which were affected by the conflict or healthcare worker shortages. As one of the funding partners, HPN4Tigray helped spearhead this project across multiple primary hospitals, deploying specialists and residents to provide medical services and help train providers as well as contribute to health system recovery.

They provide various services, including emergency surgeries, prenatal care, and outpatient services, on 30-day rotations. Over its eight-month duration, the project has delivered more than 3,615 pediatric and 2,882 obstetric services in Adi Gudom and 4,895 pediatric services in Mekoni Primary Hospital.

For the coming year, we will extend our efforts to Kidane Mehret, Yechila, and Hawzen Primary Hospitals to support women's and children's health through RecTOR-HPN4Tigray. Additionally, through our partnership with Adigrat University, we will support Freweyni and Fatsi Primary Hospitals.



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Partnering for Quality Neonatal Care: HPN4Tigray, Ayder Hospital, and NoviGuide

Our team facilitated the introduction of NoviGuide at Ayder Hospital to enhance neonatal care. NoviGuide, a decision support software, offers clinicians in resource-limited settings guidance on treating neonates, featuring drug dosage calculators and assessment tools.

With significant support from Dr. Joshua Bress, President of Global Strategies and Medical Director of NoviGuide Software, the software's implementation has led to better clinical decisions, increased patient safety, and more consistent care.



Nutritional Initiatives: Maedot Feeding Program

HPN4Tigray, in collaboration with our partner organization Maedot Aid, has been running the Maedot Feeding Program since 2022, with essential financial backing from Tigrayan Youth Association Victoria (TYAV) and the Dr. Scholl's Foundation. We are dedicated to providing crucial nutritional support to children, pregnant women, and lactating mothers in internally displaced people (IDP) centers and regions severely impacted by increasing food insecurity.

Our ground team adopts a comprehensive strategy, engaging health extension workers and women survivors of conflict-related sexual violence (CSRV) who are trained to produce and distribute nutrient-rich foods like mitten, targeting malnourished children across various districts (woredas).

In just the last six months, our feeding initiatives have reached over 1500 beneficiaries across Adi Haki, Adi Hawaii, Neksege, Selewa, Hawzien, Shire, and Yechila districts. We plan to extend these efforts to more districts and IDP centers identified as critical in 2024.



Delivering Nutritional Supplements to Internally Displaced People (IDPs) in Tigray

In response to the nutritional crisis in Tigray, HPN4Tigray Board Advisor and CNN 2019 Hero of the Year, [Freweini Mebrahtu](#), collaborated with our partner, Supplies Overseas (SOS), to procure and distribute 11,000 pounds of fortified rice to an IDP center in Abiye Adi, Tembien, in Central Tigray.

Thanks to generous contributions like yours, we have supported a center that serves around 7,000 children from neighboring IDP sites, providing not only meals but also a sense of stability during these challenging times.

Meeting Nutritional Needs of Women and Children in Sudanese Refugee Camps

Since 2022, our "Dollar a Day" program has supported the nutritional needs of women and children under 18 in Sudan's Tunaydbah refugee camp. Each child or mother received one U.S. dollar daily to purchase nutritious local foods, like milk and eggs, and sanitary items. We also offered education on nutrition and feeding practices.

Due to increased demand, we expanded our beneficiary count from 150 to 200 in 2023. However, the ongoing conflict and access challenges in Sudan have hindered our efforts, leading us to suspend the program in 2024. We are pivoting to implementing nutritional programs in Tigray, where over one million internally displaced people (IDPs) are at risk of famine in 2024.





ETHIOPIA



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Resource Mobilization & Medical Services Program

In our emergency response efforts, our team, along with local partners in Tigray, has been actively addressing the post-conflict shortages of essential medications and medical supplies.

We are honored to have been among the first to collaborate with the Tigray Regional Health Bureau (TRHB) and the International Red Cross and Red Crescent (ICRC) to source and distribute these critical items locally.

Thanks to the generous support from our donors during emergency fundraising campaigns, we were able to procure and deliver medications and supplies worth \$100,000 in 2022.

In 2023, we doubled our contributions, providing \$200,000 worth of vital medications and medical supplies. These resources were dispersed across Tigray, significantly aiding in the treatment and care of wounded and seriously ill patients in need of surgical procedures throughout the region.

Page 18: Tigray, Ethiopia
Stacks of fortified rice boxes weighing 11,000 lbs, delivered to an IDP center through partnership with Supplies Overseas (SOS).

TIGRAY

Photo by Freweini Mebrahtu

Distributing Medications to Refugees Amidst War in Sudan

As a registered entity in Sudan, HPN4Tigray, in close partnership with local organizations, is committed to addressing urgent health needs by supplying essential medications to around 70,000 Tigrayan refugees and the local population currently affected by conflict in Sudan.

In June 2023, our central pharmacy in Sudan dispensed over 40 types of crucial medications to clinics within three refugee camps: Tunaydbah, Um Rakuba, and Al-Hashaba. We are nearing the completion of this phase of medication distribution and plan to collaborate with larger organizations to ensure ongoing, sustainable support.

Our efforts are bolstered by collaborations with partners like the International Planned Parenthood Federation, the Sudanese Family Planning Association, the International Society for Better Health Access (ISBHA), and the Asmelash Grant Foundation (AGF). Additionally, we contributed \$11,000 to a funding effort spearheaded by ISBHA, delivering urgent and vital food aid to Tigrayan refugees following the outbreak of the conflict.





Photo by Eden Kassa

Helping Rebuild Tigray's Healthcare by Strengthening Medical Education & Training

Amid war and siege-induced human resource shortages, HPN4Tigray remains dedicated to supporting Tigray's health institutions beyond emergency response. In January 2024, our Human Resource Mobilization program will dispatch its inaugural group of medical experts to the region. Their mission includes conducting critical needs assessments to guide our support in rebuilding health infrastructure and enhancing direct patient care.

Working in partnership with local healthcare workers across various hospitals, the team exemplifies our commitment to collaboration and mentorship. Additionally, they aim to streamline the volunteering process, facilitating easier participation for future volunteers. This initiative reflects our ongoing efforts to address the urgent healthcare challenges in Tigray.

If you are a healthcare professional with a passion for sharing medical knowledge through teaching (either in person or remotely) or providing your expertise through in-person fieldwork in Tigray, please take a moment to complete this form.







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Mental Health & Community Wellness Program

We recognize the critical importance of mental health in overall well-being, especially in the lives of Tigrayans affected by the war, siege, displacement, and humanitarian crises.

In Tigray, we work alongside local providers, aiming to support the needs of the people through training and mental health resources.

Similarly, in Sudan's Tunaydbah camp, our dedicated facilitators conduct our trauma-informed psychosocial support curriculum for children and adults. The program is administered at our Education and Wellness Center built in collaboration with the Ethiopian Community Development Council (ECDC). Through the establishment of culturally competent mental health resources, we strive to promote resilience, healing, and holistic wellness within communities in Tigray, Sudan, and the wider diaspora.

Page 22: Tigray, Ethiopia
A family member looks on as children play under the twisted branches of an ancient tree.

TIGRAY

Photo by Eden Kassa

Implementing Psychosocial Support Groups in Refugee Camps in Sudan

Our Mental Health and Community Wellness team at Tunaydbah refugee camp remains steadfast in delivering vital psychosocial support services for both adults and children.

Beginning in 2022, we introduced a comprehensive psychoeducational curriculum tailored for both children and adults. After a meticulous post-implementation evaluation conducted by three trained facilitators, we observed overwhelmingly positive outcomes throughout 2023. This assessment revealed significant reductions in anxiety and depression symptoms among the participants, underscoring the effectiveness of our program.

Given the ongoing security challenges facing Tigrayan refugees amidst the conflict in Sudan, these services are more crucial than ever. We are committed to sustaining our efforts in providing psychosocial support and are exploring opportunities to extend similar initiatives to Tigray through collaborations with health institutions and local NGOs.

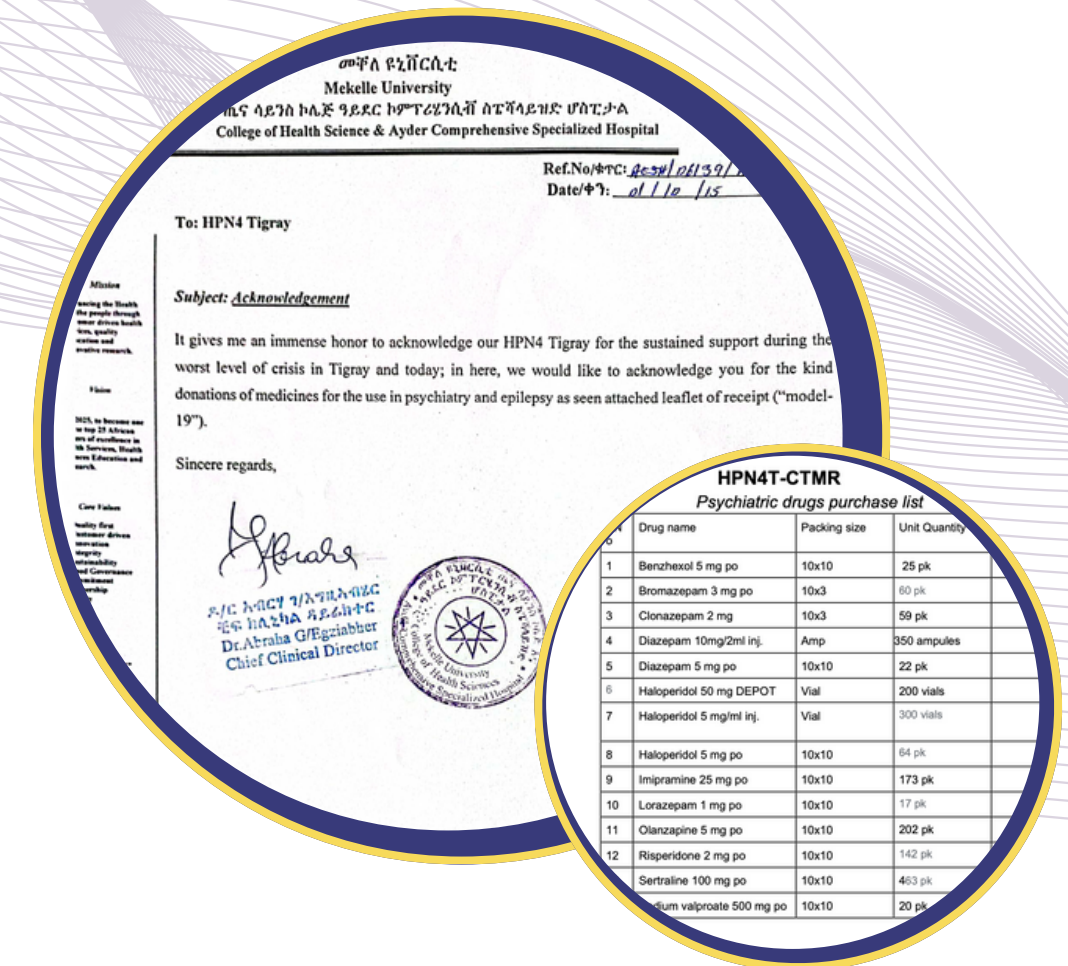


Building Capacity: Trauma-Informed Therapy Training Sessions in Tigray

To enhance mental health services and access in Tigray, our team conducted a two-part training on trauma-informed therapy for local mental health professionals.

Led by mental health expert Professor Brent Diaz, these sessions attracted participants from partner organizations, including HAQI Foundation, Ayder Hospital, the Center for Trauma Management and Research (CTMR), Tigray Regional Health Bureau, Lebeza Psychiatry, Maedot Aid, Imagine 1 Day, and Sunrise World Foundation.

The engagement and commitment of these frontline providers were remarkable, underscoring our shared dedication to improving mental health services in Tigray.



Partnering to Provide Psychotropic Medications

The significant shortfall in providing mental health services to survivors in Tigray has worsened due to limited access to psychotropic medications.

To address this critical gap, HPN4Tigray collaborated with Ayder University Hospital and CTMR to procure and distribute psychotropic medications valued at \$10,000 locally.

These essential medications have supported treatment for 4,246 patients suffering from depression, anxiety, post-traumatic stress disorder, or psychosis on an outpatient basis for a six-month duration.





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Advocacy

HPN4Tigray's advocacy program adopts a coalition-based approach, partnering with nonprofits and human rights organizations to advocate for an end to the humanitarian crisis, ensure unfettered humanitarian access to Tigray, and help [seek justice and accountability](#) for survivors.

The team collaborates with our communications department to launch social media campaigns focused on specific health issues and to raise awareness about the ongoing crisis.

Additionally, our advocates and health professionals engage with policymakers on national and international platforms to elevate the concerns and needs of survivors and healthcare workers in Tigray.

Page 26: Tigray, Ethiopia
A medical professional at Maedotaid Clinic, our sister organization, measures a patient's blood pressure in a Mekelle IDP center.

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Esiey Leul for HPN4Tigray



Advocating to the United Nations Human Rights Council

HPN4Tigray and Physicians for Human Rights (PHR) joined forces to deliver a joint statement at the 53rd Session of the United Nations Human Rights Council (UNHRC) in March 2023. This statement emphasized the dire state of Tigray's healthcare system, which has collapsed, leaving many without access to care, notably survivors of conflict-related sexual violence, and leading to significant increases in mortality rates.

Additionally, at the 54th session of the UNHRC in September 2023, an HPN4Tigray member traveled to Geneva to present a [joint oral statement with PHR](#). This statement represented the healthcare professionals in Tigray, advocating for the continuation of the International Commission of Human Rights Experts on Ethiopia, a body established by the United Nations to investigate human rights abuses in Ethiopia.

Despite our collective advocacy efforts, this crucial international investigative mechanism was not renewed. Nevertheless, we are proud to have provided a platform to highlight the voices of our healthcare workers and partners in Tigray.



Physicians for
Human Rights

256 West 38th
Street 9th Floor
New York, NY
10018

+1.646.564.3720
phr.org

Debate: Item 4: Interactive dialogue with the International Commission of Human Rights Experts on the situation of human rights in Ethiopia

Organization: Physicians for Human Rights

Speaker: Erika Dailey

Text as delivered:

Esteemed Experts,

Physicians for Human Rights presents this intervention in partnership with health care professionals operating inside Tigray, Ethiopia and the Health Professionals Network for Tigray. As you are aware, the health system in Tigray has all but collapsed, and more than seven million people are left without access to basic health care.

The flow of humanitarian and medical supplies into the region is heavily constrained, leaving health care workers unable to care for their patients. Compared to the pre-war rates, maternal mortality is now five times higher, while the under-five mortality is twice as high.

Tens of thousands of civilians have experienced conflict-related sexual violence over more than two years and require significant medical and psychosocial support.

Due to vaccine and medication shortages, there are outbreaks of infectious and communicable diseases and non-communicable diseases go untreated. Unless adequate supplies reach affected areas of Ethiopia unimpeded, the health crisis will only deteriorate further.

Therefore, esteemed experts, considering the allegations against the Ethiopian government, how can the Ethiopian government and transitional justice mechanisms provide accountability and redress for the destruction of the health care system and how can the international community best facilitate urgent humanitarian response in all affected areas of Ethiopia?

Through evidence, change is possible.





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Fundraising

Our fundraising team's dedication extends beyond just raising funds for our mission-focused programs. Our team is committed to fostering a sense of community among diaspora members and allies through collaborative events and campaigns.

Our various initiatives not only celebrate Tigrayan culture but also serve as platforms to raise awareness about the ongoing humanitarian crisis.

Page 29: Tigray, Ethiopia
Children in southern Tigray attend an outdoor class beneath the sprawling branches of acacia trees.

TIGRAY

Photo by Eden Kassa

HPN4Tigray and Vela Collaborate for a Successful International Women's Day Event

In our 2023 fundraising highlight, our fundraising team collaborated with Vela Group for the 2023 International Women's Day event, March 8, 2023, in Los Angeles, CA, to celebrate the achievements and contributions of women in healthcare. A panel of distinguished women provided insights into women's health and gender equity, discussing the impact of the crises in Tigray and the Sudanese refugee camps.

We are grateful to Vela for their partnership and support in making this event a success, to Chef Tigist Reda of Demera Restaurant for her culinary expertise, and to our panelists for their insights into these critical issues.

Sip Boon and Paint Event

Our virtual Sip Boon (Coffee) & Paint event on June 25th, 2023, brought together our community and allies, fostering unity and raising funds for critical mental health service initiatives.

The event's highlight was announcing our month-long raffle winner, who received a beautiful piece of artwork by the renowned Tigrayan artist Gelila. Participants creatively decorated numerous jebenas (Ethiopian coffee pots), adding a personal touch to the event. Thanks to our community's collective efforts, we raised \$5,220 to enhance access to mental health and psychosocial support services.



Arts & Food for Humanity: 3rd Annual Evening of Hope Gala

Our 3rd Annual Evening of Hope Dinner, themed 'Arts and Food for Humanity,' held on November 16th, 2023, in Chicago, was a tremendous success, thanks to the generous hosting by our esteemed partner, Demera Restaurant.

The event offered a memorable blend of cultural experiences, culinary excellence, and live coffee art, all in the spirit of philanthropy.

With the generous contributions of our supporters and the active participation of our partners, community members, and various Chicago chefs, we were able to propel this vital relief effort forward, raising a total of \$33,713.

Steps of Hope Walk for Tigray

HPN4Tigray successfully hosted our first-ever Steps of Hope Charity Walk for Tigray on August 19th, 2023, in the Bay Area.

The event saw the participation of around 40 committed supporters and impressively raised \$15,847, far surpassing our initial goal.

Steps of Hope represented a collective spirit of unity, community engagement, and a common aspiration for a better future in Tigray.







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Finances

Ensuring financial transparency is paramount at HPN4Tigray, reflecting our unwavering commitment to accountability and responsible resource management, especially amid adversities.

Despite encountering reduced contributions, our prudent utilization of reserves facilitated uninterrupted service delivery, demonstrating our dual dedication to immediate relief efforts and long-term sustainability.

Your continued support remains indispensable in driving our mission forward and fostering enduring change for the people of Tigray.

We extend our heartfelt gratitude for your trust and generosity.

Page 33: Tigray, Ethiopia
A bright-eyed Kidus beams in front of traditional bamboo and mud-plastered walls.

TIGRAY

Photo by Niat Shishay

Finances at a Glance



\$276,088

Total Donations &
Contributions



\$135,921

Business Operating
Expenses



\$419,077

Contributions Towards
Programs & Services

Donations & Contributions	\$276,088
Programs & Services	\$419,077
Business Operating Expenses	\$135,921
Total Expenses	\$554,998
Net Income	\$(278,909)

2023 Partners

We extend our heartfelt gratitude to the numerous individuals and organizations whose unwavering support continues to propell our mission forward and bring much-needed relief to the people of Tigray.

Your generosity and dedication have been instrumental in our efforts to improve access to healthcare and promote wellness in the region and beyond.

Together, we are making a meaningful difference in the lives of those in need, and we are deeply thankful for your invaluable partnership.

ADIGRAT UNIVERSITY

AMAHA HAILEY

AYDER REFERRAL HOSPITAL

DEMERA RESTAURANT IN
CHICAGO

DR. SCHOLL FOUNDATION

ECDC

HABEN TIGRAY

HAQI FOUNDATION

HORN BROADCASTING
SERVICES INC

IMAGINE ONE DAY

INTERNATIONAL SOCIETY FOR
BETTER HEALTH ACCESS
(ISBHA)

LIFESTRAW

MAEDOTAID CHARITY
ORGANIZATION (MAEDOTAID)

NOVIGUIDE

PHYSICIANS FOR HUMAN RIGHTS
(PHR)

SUPPLIES OVERSEAS (SOS)

THE EVOLVED NETWORK

THE PARAMOUNT GROUP

TIGIST REDA

TIGRAY MEDICAL ASSOCIATION

TIGRAY REGIONAL HEALTH
BUREAU

TIGRAYAN YOUTH ASSOCIATION
IN VICTORIA (TYAV)



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Join Us in Making an Impact

Contribute

Support our mission through one-time or recurring contributions hpn4tigray.org/donate. Every contribution makes a difference.

Stay Connected

Subscribe to our [Newsletter](#) for updates and opportunities. Get involved, stay informed.

Volunteer

Join our programmatic, functional, or on-the-ground teams, where we have volunteers of both medical and non-medical backgrounds. Email operations@hpn4tigray.org to help us make an impact.

Contact Us

Email info@hpn4tigray.org today!



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Connect With Us







Thank You